

## Stop Bullying on the Spot<sup>SM</sup>:

- Report all bullying! Do not ignore it !
- Intervene immediately (it is okay to get another adult to help)
- Model respectful behavior when you intervene
- Stay calm (Reassure the children involved, including the bystanders, that every concern will be handled)
- Separate the children involved
- Make sure everyone is safe
- Meet any immediate medical or mental health needs
- Do not try to sort out the facts – *this is the responsibility of the investigating administrator*

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## For more information visit:

- Lake County Safe Schools Department

[www.lake.k12.fl.us/page/1208](http://www.lake.k12.fl.us/page/1208)



Lake County Safe Schools

- Stopbullying.gov



Stopbullying.gov

- PACER's National Bullying Prevention Center

[www.pacer.org/bullying](http://www.pacer.org/bullying)



Pacer's Website



## Bullying & Harassment Information for Substitutes and Volunteers





## You should know:

- Bullying should be reported by **any and everyone** by using the *Reporting forms* that are at any school, Lake County District Office, and the district's website <http://www.lake.k12.fl.us/page/1243>
- In Lake County, 40.9% of middle school students and 25.1% of high schools students were taunted or teased in the past 30 days, compared to the 36.1% and 22.1%, respectfully for the state of Florida.\*
- In Lake County, 26% of middle school students and 16.3% of high school students have physically or verbally bullied others in the past 30 days, compared to the 21.7% and 15%, respectfully, for the state of Florida.\*

\*Statistics from 2014 Florida Youth Substance Abuse Survey – Lake County Report  
Note: Demographic results represent samples of students across the state of Florida and Lake County

## Bullying Defined <sup>Ⓜ</sup>

Bullying is defined as willfully and repeatedly exercising power or control over another by systematically and chronically inflicting physical hurt or psychological distress on one or more students or school employees. (Lake County School Board Policy 5.33(1))

## Types of Bullying<sup>Ⓜ</sup>

1. **Verbal bullying** – teasing/taunting, name-calling, threatening behaviors, and inappropriate sexual comments
2. **Social bullying** – leaving someone out of activities on purpose, telling other children not to be friends with someone, spreading rumors about someone, and embarrassing someone in public
3. **Physical bullying** – making mean or rude gestures, spitting, taking or breaking someone's things, tripping/pushing, and hitting/kicking/pinching
4. **Cyberbullying** – text messages or e-mails, rumors sent by e-mail or posted on social networking sites, and embarrassing pictures, videos, websites, or fake profiles

## Children at Risk of Being Bullied<sup>Ⓜ</sup>

- Unable to afford what children consider “cool”
- Those who do not get along well with others, seen as annoying or provoking, antagonize others for attention
- Less popular than others and have few friends

## Children Who Bully<sup>Ⓜ</sup>

- Have friends who bully others
- Have low self-esteem
- Easily pressured by peers
- Unable to identify with the emotions or feelings of others



## What to Look for in Bullying Behavior<sup>Ⓜ</sup>

- Unwanted, aggressive behavior
- A real or perceived imbalance of power between the student(s) doing the bullying and the student(s) being bullied
- Behavior that is repeated, or has the potential to be repeated, over time

<sup>Ⓜ</sup>Information obtained from *Understanding and Intervening in Bullying Behavior from Creating a Safe and Respectful Environment in Our Nation's Classrooms* retrieved from <http://safesupportivelearning.ed.gov/> on November 30, 2015...

